

PRESENTS

# 'Staycations'

## DESTINATION: JACOBSON'S PINE TREE APPLE ORCHARD

450 Apple Orchard Rd, White Bear Lake, MN 55110 | [pinetreeappleorchard.com](http://pinetreeappleorchard.com) | 651.429.7202

**WALKING LEVEL (EASY, MEDIUM, HARD): Hard** - It's a large orchard to walk through and enjoy with a few places to sit along the path. There is a little café and shop with apple inspired desserts and gifts, and an indoor seating area.

**WHEELCHAIR ACCESSIBLE: No** - There is a steep hill going up to the indoor area and the doors are difficult to get through without someone holding them for you. The paths have lots of rocks, making pushing a wheelchair quite difficult. We do not recommend visiting if you need a wheelchair.

**FOOD & DRINK: Yes** - Apple inspired desserts and drinks are available to enjoy on-site or take home.

**BATHROOM AVAILABLE: Yes** - There is a small bathroom area up the hill, with portable toilets and a sink for handwashing. It is not handicap accessible, so visitors need to be able to use the toilet without assistance.

**BRIEF DESCRIPTION OF DESTINATION:** Pine Tree Apple Orchard is a wonderful place to visit. There are picnic areas to sit at and enjoy the scenery and lake views. The little café offers apple inspired desserts and gifts. The apples are delicious and great to take home.

### 4 SENSORY EXPERIENCES TO TRY:

- Watch and listen to the apple train.
- Feel the breeze and the sun on your face while enjoying lake views from a picnic table.
- Sample the different kinds of apples and choose your favorite to bring home.
- Smell the apple and spices in the air of the gift shop.



### 5 QUESTIONS TO ASK THE PERSON LIVING WITH DEMENTIA DURING THEIR EXPERIENCE:

1. "What's that old saying, an apple a day \_\_\_\_\_?"
2. "When you were a child did you buy your apples at a grocery store or grow them yourself? Tell me about the store/orchard"
3. "My favorite way to eat apples is apple pie, what's your favorite?"
4. "Did anyone in your family ever make apple pie or apple crumble? Tell me about them."
5. "Did you or anyone you grew up with have an apple tree in their yard? Tell me about it."

ROSEVILLE ALZHEIMER'S / DEMENTIA COMMUNITY ACTION TEAM  
IN PARTNERSHIP WITH REFLECTIONS OF SILVERCREST

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## OTHER IMPORTANT INFORMATION TO KNOW

This is a great place for people to get exercise and enjoy many varieties of apples. You can make it an easier trip if you just go in and out of the shop and not up or down the paths to the orchard and picnic areas. Someone with a walker could enjoy that short trip to the café and shop.

### ABOUT SILVERCREST REFLECTIONS

These 'Staycation' ideas have been recommended by the Directors of various Reflections Neighborhoods of SilverCrest Properties. The Reflections Neighborhood specializes in the care of people living with Alzheimer's and other types of dementia. Recommendations are made based on how dementia-friendly the venue is and more importantly what the residents thought of the experience and the positive feedback they gave. The residents of Reflections have enjoyed these short trips and we hope that you do too! Contact any place you wish to visit in advance to discuss how to make your visit a person-centered success. To learn more about SilverCrest Properties and their Reflections Neighborhoods, visit [silvercrestproperties.com](http://silvercrestproperties.com).

### ABOUT THE ROSEVILLE ALZHEIMER'S / DEMENTIA COMMUNITY ACTION TEAM

The Roseville Alzheimer's and Dementia Community Action Team (Roseville A/D) is an alliance of community members, municipal services staff, and aging services professionals working to improve conditions for individuals with Alzheimer's disease and other forms of dementia and their care partners. Roseville A/D and the Ramsey County Library system have made dementia-related materials available to the public including the creation of Memory Minder kits and now Staycations. The materials in these kits are specifically selected to spark memories, create conversation and provide positive and engaging interactions between people with dementia and their care partners. For more information about Roseville A/D visit [www.cityofroseville.com/dementiainfo](http://www.cityofroseville.com/dementiainfo) or their Facebook page: Roseville MN Dementia Info.

**FOR MORE INFORMATION ABOUT OTHER STAYCATIONS SEE THE BINDER OF STAYCATION FLYERS AVAILABLE WHERE YOU FIND THE MEMORY MINDER KITS IN THE LIBRARY.**

