

PRESENTS

'Staycations'

DESTINATION: SEAQUEST

Rosedale Mall, 1595 Highway 36 W, Suite 578, Roseville, MN 55113 | roseville.visitseaquest.com | 651.487.8200

WALKING LEVEL (EASY, MEDIUM, HARD): Hard - There is a lot of walking to get through the exhibit. If one hour on your feet will be too much, let the guide know how long you want to be there. There are very few places to sit along the path. **Note** - At the end, it is shorter to walk back through the exhibits than to exit and walk back through the mall to the entrance.

WHEELCHAIR ACCESSIBLE: Yes - Very accessible. A wheelchair is recommended if walking or standing for long periods is difficult.

FOOD & DRINK: Yes - There are snack and soda machines for purchase near the exit and abundant dining options available in the mall.

BATHROOM AVAILABLE: No - There is no bathroom inside the exhibit area at SeaQuest. There is a bathroom located in the mall near the entrance, but it is not easily accessible once you've entered.

BRIEF DESCRIPTION OF DESTINATION: SeaQuest has two levels. On the first level there is a wonderful petting zoo with exotic creatures (lizards, snakes, sloths, etc), birds and farm animals you can see and touch. Guides are available to talk about the animals and take them out for you to pet. The second level contains aquatic animals in tanks for visitors to watch and learn more about.

Throughout the exhibits there are opportunities to feed some of the animals by purchasing food from specially designated snack dispensers. This can be a very fun and engaging experience, just remember to buy your tokens at the SeaQuest entrance as the machines do not take coins or bills. There are sinks and hand sanitizers throughout to prevent the spread of germs from animal to person and from animal to animal.

3 SENSORY EXPERIENCES TO TRY:

- Touch the large monitor (lizard) and feel his dry skin.
- Smell the hay and barnyard smells in the farm area with pigs, rabbits and chickens.
- Feed the stingrays. They are so friendly they are called sea puppies.



5 QUESTIONS TO ASK THE PERSON LIVING WITH DEMENTIA DURING THEIR EXPERIENCE:

1. "Have you ever gone swimming in the ocean? Where were you? What did you see?"
2. "Did you or a family member have a farm? If so, what animals did you/they have?"
3. "Did you have any pets as a child? Tell me about them."
4. "Do you think that a snake is going to feel smooth and dry or wet and slimy?"
5. "Do you think these otters are siblings? What did you and your siblings do during playtime?"

ROSEVILLE ALZHEIMER'S / DEMENTIA COMMUNITY ACTION TEAM
IN PARTNERSHIP WITH REFLECTIONS OF SILVERCREST

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OTHER IMPORTANT INFORMATION TO KNOW

It is best to park outside Becker Furniture World. The start of SeaQuest is on the main level and it ends on the lower level, so you have to take an escalator back up one floor. If you are unable to use an escalator it is best to walk back through the exhibit, use their elevator and exit where you came in. (Ask for this accommodation.)

ABOUT SILVERCREST REFLECTIONS

These 'Staycation' ideas have been recommended by the Directors of various Reflections Neighborhoods of SilverCrest Properties. The Reflections Neighborhood specializes in the care of people living with Alzheimer's and other types of dementia. Recommendations are made based on how dementia-friendly the venue is and more importantly what the residents thought of the experience and the positive feedback they gave. The residents of Reflections have enjoyed these short trips and we hope that you do too! Contact any place you wish to visit in advance to discuss how to make your visit a person-centered success. To learn more about SilverCrest Properties and their Reflections Neighborhoods, visit silvercrestproperties.com.

ABOUT THE ROSEVILLE ALZHEIMER'S / DEMENTIA COMMUNITY ACTION TEAM

The Roseville Alzheimer's and Dementia Community Action Team (Roseville A/D) is an alliance of community members, municipal services staff, and aging services professionals working to improve conditions for individuals with Alzheimer's disease and other forms of dementia and their care partners. Roseville A/D and the Ramsey County Library system have made dementia-related materials available to the public including the creation of Memory Minder kits and now Staycations. The materials in these kits are specifically selected to spark memories, create conversation and provide positive and engaging interactions between people with dementia and their care partners. For more information about Roseville A/D visit www.cityofroseville.com/dementiainfo or their Facebook page: Roseville MN Dementia Info.

FOR MORE INFORMATION ABOUT OTHER STAYCATIONS SEE THE BINDER OF STAYCATION FLYERS AVAILABLE WHERE YOU FIND THE MEMORY MINDER KITS IN THE LIBRARY.

