

Reflections Dementia Care Neighborhood

Disclosure of Special Care Status

PHILOSOPHY

SilverCrest Properties is committed to creating senior communities of excellence through a vibrant and engaging lifestyle that promotes wellness, independence, dignity and care. We are committed to providing positive, person-centered everyday experiences based on individualized resident needs, preferences and the philosophy of creating pleasant moments and moments of success that give meaning and value to the lives of residents. We are committed to the SilverCrest R.E.S.P.E.C.T. service delivery philosophy.

RESIDENTS

- Will have a diagnosis of Alzheimer's disease or other dementia from his/her physician.
- Will have the ability to function safely and receive necessary services with the assistance of 24-hour staff.
- Will have the ability to pay for all services needed and provided.
- Will have personal and care needs that are manageable with staff intervention (bathing, dressing, grooming, ambulation, incontinence, medication administration and nutrition).
- Individuals cannot exhibit behavior that is verbally offensive or physically abusive to other residents or staff.

ASSESSMENTS

Prior to admission a cognitive and clinical assessment is performed by a Registered Nurse. Based on these assessments an individualized plan of care is written and staff is orientated to each resident's individual needs. Assessments are completed within 14 days after admission and every 90 days thereafter and whenever there is a change in condition. The plan of care is reviewed and revised, as needs change.

DISCHARGE CRITERIA

- A resident or their representative is unable or unwilling to pay for services.
- A resident becomes a danger to self or others.
- A resident's health needs progress to a point that the staff can no longer meet the resident's needs, unless the resident or designated representative can privately pay for services that are additionally needed and can be provided in the neighborhood.

STAFFING

- Staff is in the neighborhood 24 hours/day.
- All employees are trained in the health-related services they deliver.
- All employees are required to pass a criminal background check and drug screen.
- All employees receive specialized training on Alzheimer's disease and Dementia related disorders.
- Employees consist of licensed and unlicensed personnel- CNAs/Resident Assistants (RAs), LPNs, RNs, Director of Reflections (where available) and/or programming staff.
- An RN is responsible for the overall delivery and supervision of health-related services.

STAFF DUTIES AND RESPONSIBILITIES (but not limited to the following):

- Following the SilverCrest R.E.S.P.E.C.T. philosophy.
- Patience, concern, willingness to help each other and be a team player.
- Attend to all physical and psychosocial needs by listening, visiting and providing emotional support.
- Utilize the resident care plan to determine and deliver care and services.
- Participate and initiate supportive activities to promote or maintain the resident's independence in a home-like setting.

STAFF TRAINING

Employees are trained in various areas to ensure quality of care and service delivery. Some areas include:

- All tasks delegated by the RN including medication administration and assistance with ADLs.
- Meeting nutritional needs.
- Infection control principles.
- MN Assisted Living with Dementia Care regulations.
- MN Assisted Living Bill of Rights.
- MN Vulnerable Adults Act.
- Emergency preparedness.
- Dementia Training: inclusive of and explanation of Alzheimer's Disease and related disorders, assistance with daily living, problem-solving and communication skills and challenging behaviors.
- Care services policies and procedures.
- SilverCrest R.E.S.P.E.C.T. philosophy.

Licensed nurses, Resident Assistants, programming staff and the Director of Reflections are trained prior to delivery of services. Ongoing training, including dementia training, is completed annually and as needed.

Non-direct care staff receive at least 4 hours of dementia training within the first 160 hours from hire date and 2 hours for every 12 months of employment thereafter. Direct care staff receive at least 8 hours of dementia training within 160 working hours of hire date. SilverCrest uses EduCare training modules and/or instructor led training to meet this requirement.

Individual Job Descriptions are available for review upon request.

PHYSICAL ENVIRONMENT

SilverCrest is committed to provide a clean, safe and relaxing environment. Our Reflections Neighborhood community provides space for gatherings and programs. Community space has a kitchen, dining area and living room, and the apartments/suites near these areas are either studio or 1-bedroom apartments depending on the community. The neighborhood is secured to the outside with automatically locked doors, opened only by a code or key fob. Secured doors are positioned throughout the neighborhood. These doors are at stairwells and entryways.

LIFE ENRICHMENT PROGRAMS, ACTIVITIES AND OUTDOOR SPACES

As an Assisted Living with Dementia Care licensed facility, SilverCrest Properties strives to provide valuable activities and life enrichment programs for residents with Alzheimer’s disease or other dementias. An in-depth Resident Profile is completed by the Director of Reflections or Program Director. This profile reviews family and personal background, educational and occupational background, social and activities background and interests, and the resident's typical daily routine. Staff and residents enjoy a variety of activities and fun events that focus on the resident's previous lifestyle, hobbies and interests. Structured programs and activities occur on a daily basis and may include physical exercise, art classes, music, social stimulation and reminiscence. When desired and appropriate for safety, residents will have regular access to outdoor space.

FAMILY INVOLVEMENT

SilverCrest Properties strives to provide family engagement and support programs. Person Centered Services are promoted through involving the resident and their family in the discovery process and development of the Resident Profile, Resident Activity Plan and Resident Care Plan. This encourages the resident to build or maintain relationships with their families and friends, live as independently as possible, engage in productive activities and to participate in community life.

In addition to our Family Council policy, SilverCrest Properties conducts additional outreach to family members of residents with Alzheimer’s disease or other dementias in order to keep family engaged and supported. Outreach may include support groups, monthly calendar of events and private social media platforms or casual support through listening, helpful advice and education.

FEE SCHEDULE

Services included in the monthly fee include, but are not limited, to the following:

- Private apartment with private bath
- Utilities (TV and internet, gas and electricity, water and trash pick-up)
- 24-hour on site staff/supervision
- Licensed Nurses on site 5 days/week
- RN on call 24/7
- Emergency assistance 24/7
- Daily safety/comfort checks
- 30-minutes of weekly light housekeeping services
- Weekly laundry and linen services
- Medication management and administration with preferred pharmacy
- Assistance with Activities of Daily Living (ADLs) as needed
- Nutritional support and assistance
- Personal escorts
- Social, spiritual and recreational programs

Addition fees include nurse services, medication management with an outside pharmacy, fall recovery support services, end of life package and diabetic management.

If the fee schedule changes, residents will be given a 30-day notice of the proposed change.

SILVERCREST PROPERTIES ASSISTED LIVING WITH DEMENTIA CARE POLICIES

To review or print specific polices related to Reflections Dementia Care scan the QR code below.



I have reviewed and received a copy of the Disclosure of Special Care Statement and access to Reflections Dementia Care Neighborhood policies.

Resident Name Apartment Number

Printed Name of Responsible Party Relationship

Signature of Responsible Party Date