

Assisted Living License Resource Manual

POLICY AREA	Dementia License Policies
TITLE OF POLICY	3.02 ALDC Behavioral Symptoms, Interventions & Nonpharmacological Approaches
STATUE/RULE REFERENCE (if any)	144G.82 Subd. 3 (2), 144G.84 (e)
EFFECTIVE/REVISED DATE	12/06/2021, 6/17/2022, 7/22/2022

POLICY: As an Assisted Living with Dementia Care licensed facility, SilverCrest Properties (SCP) supports person-centered and evidence-based evaluation of behavioral symptoms and design of supports for intervention plans; including nonpharmacological interventions or practices in the following ways:

Within two weeks of move-in date to the Reflections neighborhood, the Director of Reflections or designee creates a person-centered Individual Activity Plan and Resident Bio/History from the information gathered in the Resident Profile. This includes information and interventions that are evidence-based in preventing and addressing behavioral symptoms for each individual resident. Staff are trained to report behavioral symptoms to the nurse and nonpharmacological interventions are included in the resident care plan or behavior plan.

Nonpharmacological Interventions Include (but are not limited to):

- Sensory Practices
 - Ensure hearing aids are working and in place
 - Ensure glasses are clean, functional, and in place
 - Aromatherapy
 - Massage
 - Bright Light or Light Therapy
 - Multi-sensory stimulation (combination of light effects, calming sounds, smells, and/or tactile stimulation)
- Psychological Practices
 - Validation therapy
 - Music therapy
 - Reminiscence therapy
 - Pet therapy
 - Meaningful activities (these are determined by an individualized assessment of the person, and what hobbies, extracurricular activities, etc. they enjoyed and/or still enjoy doing)
- Structured Care Practices
 - Bathing
 - Mouth care

PROCEDURE:

1. SCP will identify behavioral symptoms that negatively impact other residents and others in the assisted living facility and evaluate to determine potential interventions to minimize such behaviors. Interventions will be identified on the care plan or service plan. Behavioral symptoms that require outside consultation or acute care placement will be identified and acted upon.
2. Reflection Director and Nurse assigned will ensure behavioral symptoms and interventions are addressed in the resident's care plan and service plan.
3. Reflection Director and/ or nurse will ensure Resident Assistants understand the best approach for behavioral symptoms for each resident affected and that they follow the plan of care.
4. Changes to the plan of care will be documented and shared with the care team.