

Assisted Living License Resource Manual

POLICY AREA	Dementia License Policies
TITLE OF POLICY	3.05 ALDC Life Enrichment Programs, Activities & Outdoor Space
STATUE/RULE REFERENCE (if any)	144G.82 Subd. 3 (6), 144G.84 (b-d) (f-g) 144G.45 Subd.1 (5)
EFFECTIVE/REVISED DATE	11/26/2021, 7/19/2022

POLICY: As an Assisted Living with Dementia Care licensed facility, SilverCrest Properties (SCP) strives to provide valuable activities and life enrichment programs for residents with Alzheimer’s disease or other dementias.

PROCEDURE:

1. Activities and life enrichment programs are implemented in the following manner:
The Director of Reflections or designee will assist the resident and their designated representative/family member in completing the discovery process and the activities evaluation using the Reflections Resident Profile form.
2. Each resident is evaluated for activities according to the licensing rules of the facility. In addition, the resident care plan addresses the following:
 - past and current interests
 - current abilities and skills
 - emotional and social needs and patterns
 - physical abilities and limitations
 - adaptations necessary for the resident to participate, and
 - identification of activities for behavioral interventions
3. An Individual Activity Plan is developed for each resident based on their activity evaluation. The plan reflects the resident's activity preferences and needs.
4. A selection of daily structured and non-structured activities are provided and included on the resident's Individual Activity Plan or care plan as appropriate. Daily activity options based on resident evaluation may include but are not limited to:
 - occupation or chore related tasks
 - scheduled and planned events such as entertainment or outings
 - spontaneous activities for enjoyment or those that may help defuse a behavior
 - one-to-one activities that encourage positive relationships between residents and staff such as telling a life story, reminiscing, or playing music
 - spiritual, creative, and intellectual activities
 - sensory stimulation activities
 - physical activities that enhance or maintain a resident's ability to ambulate or move, and
 - outdoor activities
5. Access to secured outdoor space and walkways that allow residents to enter and return without staff assistance provided for any new construction after 8/1/2021.
6. Each resident with Alzheimer’s disease or related dementias will be evaluated to determine the resident’s desire to participate in outdoor activities or be outdoors. Such information will be incorporated into the resident’s Individual Activity Plan and Resident Bio/History or care plan.
7. When desired and appropriate for safety, residents will have regular access to outdoor space.

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8. An Individual Activity Plan and Bio/History will be created using the Resident Profile. The Resident Assistants and Reflections programming staff will review the Individual Activity Plan and Bio/History and offer, encourage, and assist the residents with their desired activities. The Individual Activity Plan and Bio/Hx will be updated minimally every six months at the resident care conference. Each Reflections neighborhood has a monthly calendar of daily scheduled events to offer and the equipment to provide spontaneous activities.

See Appendix A Resident Profile